

ASSOCIATE OF SCIENCE IN NURSING

TECHNICAL STANDARDS

ESSENTIAL SKILLS AND FUNCTIONAL ABILITIES

Nursing is a profession that on a daily basis requires the ability to consistently perform a wide variety of activities in a safe and competent manner. The City College Nursing Program has identified the following skills as essential to safe and effective nursing practice. In order to protect the health and safety of both clients and students, Individuals should give careful consideration to the mental and physical demands of the program prior to making application. Students are required to attest to their ability to perform skills and functions essential to nursing practice and the successful completion of the nursing education program. If an applicant believes that he or she cannot meet one or more of the standards listed below without accommodations the applicant has the right to request reasonable accommodation in compliance with the ADA. Refer to the City College Catalog for the process for requesting accommodation. The use of a trained assistant/mediator is not a permitted accommodation because the nursing care related judgment of the nurse would be mediated by the assistant's powers of observation, and selection of data to transmit to the candidate.

Motor Abilities

Standard: Physical abilities and mobility sufficient to execute gross motor skills, physical endurance, and strength, to provide patient care.

Examples of Required Activities: Mobility sufficient to carry out patient care procedures such as assisting with ambulation of clients, administering CPR, assisting with turning and lifting patients, providing care in confined spaces such as treatment room or operating suite.

Manual Dexterity

Standard: Demonstrate fine motor skills sufficient for providing safe nursing care.

Examples of Required Activities: Motor skills sufficient to handle small equipment such as insulin syringe and administer medications by all routes, perform tracheotomy suctioning, insert urinary catheter.

Perceptual/Auditory Ability

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Standard: Sensory/perceptual ability to monitor and assess clients.

Examples of Required Activities: Auditory abilities sufficient to hear alarms, auscultatory sounds, cries for help, etc. Visual acuity to read calibrations on 1 cc syringe, assess color (cyanosis, pallor, etc). Tactile ability to feel pulses, temperature, palpate veins, etc. Olfactory ability to detect smoke or noxious odor, etc.

Behavioral/Interpersonal/Emotional

Standard: Ability to communicate fluently in English (verbally and in writing) to colleagues, staff and patients with honesty, integrity and nondiscrimination within the appropriate boundaries to ensure safe patient care. Capacity for development of mature, sensitive, ethical and effective therapeutic relationships. Interpersonal abilities sufficient for interaction with individuals, families and groups from various social, emotional, cultural and intellectual backgrounds. Ability to work constructively in stressful and changing environments with the ability to modify behavior in response to constructive criticism. Capacity to demonstrate ethical behavior, including adherence to the professional nursing and student honor codes.

Examples of Required Activities: Establish rapport with patients/clients and colleagues. Work with teams and workgroups. Accepts critique and feedback in a professional manner and integrates into practice. Emotional skills sufficient to remain calm in an emergency situation. Behavioral skills sufficient to demonstrate the exercise of good judgment and prompt completion of all responsibilities attendant to the diagnosis and care of clients. Adapt rapidly to environmental changes and multiple task demands. Maintain behavioral decorum in stressful situations.

Safe Environment for Patients, Families and Co-workers

Standard: Ability to accurately identify patients. Ability to effectively communicate with other caregivers. Ability to administer medications safely and accurately. Ability to operate equipment safely in the clinical area. Ability to recognize and minimize hazards that could increase health care associated infections. Ability to recognize and minimize accident hazards in the clinical setting including hazards that contribute to patient, family and co-worker.

Examples of Required Activities: Prioritizes tasks to ensure patient safety and standard of care. Maintains adequate concentration and attention in patient care settings. Seeks assistance when clinical situation requires a higher level or expertise/experience. Responds to monitor alarms, emergency signals, call bells from patients, and orders in a rapid and effective manner.

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I have received and understand the required skills in the areas of:

Motor Abilities Behavioral/Interpersonal/Emotional

Perceptual/Sensory Ability Safe environmental for patients, families, and co-workers

Manual Dexterity

I understand these skills are essential to continue through and complete the nursing program as required by clinical agency agreements and to seek licensure in accordance with National Council of State Boards of Nursing guidelines. I understand that the process for requesting reasonable accommodation can be found in the City College Catalog. I will inform the nursing department immediately in writing of any changes in my status while enrolled in the program.

Print Name

Signature

Date

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