

Community Service

My City Serving My Community!

Fort Lauderdale Campus



Private Investigation (PI) students join with US Marshalls at the 3rd Annual Human Trafficking Awareness Walk in Hialeah

On January 25th, 2018 Private Investigation (PI) students, **Louis Machicote**, **Steven Friscia**, **Raynard Robinson** and **Mailliw Falcon**, as well as new Adjunct Professor, **Rodolfo Rodriguez**, attended the **3rd Annual Human Trafficking Awareness Walk** held in Hialeah. In recognition that January is National Human Trafficking Awareness Month, **Florida National University**, its **Powerhouse Steering Committee**, and **The Dr. Jose Regueiro Foundation** hosted the walk.

Human Trafficking (HT) is the second most profitable crime business in the United States, only behind drugs. HT is a \$32 billion business, affecting 127 countries worldwide. In our own backyard, Miami ranks #2 in US cities with the most HT activity. **DoSomething.org** reports that there are approximately between 20 and 30 million slaves in the world today. Our students did not sit idly by, watching this malady continue to affect our community. They are putting forth effort against this by participating in awareness events such as this.



PI students, Louis Machicote, Steven Friscia and Mailliw Falcon, hold signs to increase awareness in the fight against Human Trafficking

Spring
EDITION
2018

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Allied Health Club Donations

Fort Lauderdale Campus

Since an important part of our mission at City College is Community Outreach, the Allied Health Club donated 56 bags to the **Salvation Army**. Each bag contained hygiene items such as toothbrush, toothpaste, deodorant, soap bars, water bottles, and granola bars. Dr. Luka is so proud of the Allied Health Students.



Dr. Luka, Patrice Parker, Dana Torres representing Allied Health Club and City College inside the Salvation Army building

These are the members of the Allied Health Club who helped donate: **Patrice Parker**, President of the Club-MOA student, Ambassador; **Dana Torres**, Vice President of the Club-MA Student, Ambassador; **Samantha White**, Ambassador-MA student; **Samantha Mazzaro**, Ambassador-MA student; **Ashley Thomas**, Ambassador-MA student; **Jessica Campbell**, Ambassador- MA Student; **Dr. Luka**, Allied Health Department Chair; and **Professor Reyes**, Allied Health Faculty.

Community Service

Castration on Campus

Hollywood Campus

One of the goals of the Vet Tech Program is to show students that they have more job opportunities than just working with pets in a local veterinarian practice. Students have helped with wildlife rescue operations and horse farms. They learn how to clean teeth and other procedures that they might not have anticipated when thinking about future careers. But students don't always have the opportunity to assist with castration of large farm animals.

The Vet Tech program of City College's Hollywood Campus is always looking for ways to give back to the larger community, and on Thursday, Nov. 30, 2017, Vet Tech students helped **South Plantation High School** with the castration of sheep and goats. South Plantation High School has an Animal Science track that houses a wide variety of animals, including farm animals. They don't have a huge budget, and so the castration project helped out both the high school and the college.

South Broward High School transported the animals to the Hollywood campus, which gave more students a chance to observe or to assist. During their careers, students will likely have many opportunities to assist with the neutering of dogs and cats, but the opportunities to work with farm animals will be much more rare for most of them. City College was proud to be part of this community project.



Vet Tech Students help their patient navigate the parking lot after castration

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Promoting Health at Family Fun Day

Hollywood Campus

On Saturday, January 20, Allied Health instructor **Liz Rothstein** took a group of students to **Marando Farms** in Davie, FL. No, they weren't there to plant or harvest crops. But they were there to sow the seeds of good health.

Medical Assisting students did basic health assessments of all who stopped by. They offered blood pressure screenings and glucose readings, for those who were brave enough to endure the prick of a needle. The students stayed busy for hours because people were eager to take advantage of this opportunity.

The **Davie-Cooper City Chamber of Commerce** organized this Family Fun Day at Marando Farms, and our students impressed the Chamber so much that they were invited to orchestrate a health screening at **Retro Fitness** on February 10th.



Getting ready to record vital signs

Walking with a Heart

Altamonte Springs Campus



Altamonte Springs City College Team of walkers for the American Heart Association

The students and staff of City College Altamonte Springs came together to raise funds and celebrate progress in the fight against this country's No. 1 and No. 5 killers, heart disease and stroke. Fundraising took place on Campus and a brave group of walkers met early to join the crowds and show the City College Spirit in the support of the **American Heart Association**. The Team was proud to deliver over \$400 in donations to the AHA.

Student Ambassadors Sponsor Fundraiser

Altamonte Springs Campus



Very happy winner, Paulie Mitchell

The Altamonte Springs Student Ambassadors enthusiastically created and promoted a fundraiser supporting the **BETA Teen Parent Program** through UCP. The BETA program has supported teen moms and their babies, promoting academics and child development education for 46 years in the Orlando Community. Ambassador, **Jill Baez** (Nursing), created a beautiful winter themed wreath, and over 300 raffle

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Community Service

Fundraiser [from page 2]

tickets were sold. **Paulie Mitchell** (Anesthesia Technology) was the very happy winner of the wreath. The Student Ambassadors purchased a much needed scale for the BETA Program, and also delivered donations of clothing, toys and additional items for the babies and children. "We are so excited that we are the recipients of the Student Ambassador fundraiser! What a privilege!" **Janice Harlan**, Nurse Coordinator, UCP of Central Florida.



Jill Baez, Student Ambassador, presents the brand new scale to Nurse Sofi Figueroa Santos with the BETA Teen Parent Program

Student Spotlight

Alishia Torrence: CVS Student

Hollywood Campus

Alishia Torrence has headed off to externship, and while her fellow City College Hollywood campus Cardiovascular Sonography students are happy for her, they will miss her presence in the classroom. She has been one of those rare students who works just as well in a group setting as on her own. She's the kind of student who pulls others to the finish line along with her.

But can she scan? Scanning looks like such an easy process, but there are so many ways it can lead to wrong information.

Her performance demonstrates the highest standards of excellence; her attention to detail

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Alishia Torrence

In the Classroom

Entrepreneur Club Hosts Networking Event

Fort Lauderdale Campus

On Tuesday, November 28, 2017, the Entrepreneurship Club held a networking event with **Dr. Lascelle Sweetland** as the speaker. Dr. Sweetland discussed "How to Pitch Your Idea, Product, or Service," emphasizing the Business Model Canvas.

Alumni and current student entrepreneurs networked and enjoyed food from **Lawrence Catering (Eddie Lawrence)** and **Piranha Music (Wanda Rojas)**. **T.D.P. Entertainment (Tamarios Pierce)** supplied the sound system. **Protaxlink (Emmanuela Morley)**, an alumnus, discussed business opportunities with her product.

Thank you to Piranha Music and **Charles Brown** for donating gift cards for the raffle. A special thank you to Charles Brown for the tremendous amount of effort making the event such a huge success!



Guest speaker, Dr. Lascelle Sweetland, talks to members of the Entrepreneur Club and others at City College in Fort Lauderdale

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Business and Bazookas

Altamonte Springs Campus



Kenya Frazier shooting at a simulated tank



John Viruet and Jhantzen Rivera compete in a serious gaming competition

The Business Department Students of City College attended the **I/ITSEC (Interservice/ Industry Training, Simulation and Education Conference)**, the world's largest modeling, simulation and training conference.

"There were many people from all around the world, speaking different languages, wearing such fancy attire, even some in military uniforms. Actually entering the I/ITSEC convention 'blew my mind'" said **Lisa Libersat**, Business Student. Students were able to participate in simulations, workshops, special events, game competitions and even experienced the future of the business industry.

Student Spotlight

Torrence [from page 3]

and thoroughness is outstanding. She scans and performs studies with perfection, precision, and optimal patient care.

Alishia Torrence has already impressed everyone at the Hollywood campus. We look forward to seeing all that she will accomplish as she moves to externship and beyond!

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Krystal Martinez with two of her back packs. The superman one is for Business Management

Krystal Martinez: Business Management

Gainesville Campus

Krystal Martinez, a Business Management student, began her studies in October of 2017 is all about being organized. She carries three backpacks for each of her classes which are College English, Business Principals, and Essential Math 2. Krystal works full time as a roofer for **Gainesville Roofing Inc.**, and she is a full-time student, full-time mom, and with the help of being organized, she has passed all her classes with A's. Way to go Krystal!

In the Classroom



Proud Student Ambassadors, Jessica Rios Serrano, Keila Smith, Learsi Cotto and Stephanie Concepcion



Stephanie Concepcion proudly shares her Student Ambassador Certificate



Jessica Rios Serrano with Executive Director, Mike Lanouette

New Student Ambassadors Induction

Hollywood Campus

Surrounded by family, friends, faculty and staff, four new student leaders were inducted as Student Ambassadors. **Jessica Rios Serrano** (Business), **Keila Smith** (Medical Assisting), **Learsi Cotto** (Surgical Technology) and **Stephanie Concepcion** (Medical Office Assistant), have consistently maintained high honors, a professional and energetic attitude, and are leaders in the classroom and at City College. City College is proud of these new Student Ambassadors and look forwards to their positive impact.

Celebrating National Storytelling Week

Gainesville Campus

January 22, 2018 Gainesville City College Library celebrated **National Storytelling Week** where the **Gainesville Library** put on a public event for anyone who was interested in stories and puppet shows. There were stories told and many puppets telling the stories. It was a great event and the public who came asked when the City College of Gainesville library can do it again. Maybe, you never know.



Kurtavyes Burns (right) and Curtis Burns (left) enjoying "The Giving Tree" puppet show

Financial Literacy

Do You Know How Much You Owe on Your Student Loans?

Since April is **Financial Literacy Month**, this is the perfect time to check in on your student loan balances—even if you are still in school!

Many students, especially those who have multiple student loans, do not know how much they owe. For example, if you can afford to pay interest-only payments while you are in school, this will help keep your loan balance closer to what you actually borrowed.



How can you easily get started and figure out your options? City College trusts **Champion College Services** to mentor their students through the student loan repayment process. Champion also offers City College students a program that includes iGrad tools to help manage student loans, offers budgeting worksheets, ebooks, video courses and more that teach you how to make wise, well-informed financial choices.

Getting started is free and easy; just go to ChampionEmpowerment.com/city-college and after you sign up and sign in, you can access iGrad here and choose where you want to start.

Now with access to many powerful tools, you can track ALL of your student loans in one place in 5 minutes or less and always know your student loan balances.



Julio Proenza. AT Student, a former lawyer from Cuba at Baptist Hospital

In the Classroom

EMS Guest Speaker

Fort Lauderdale Campus

The Emergency Medical Services (EMS) program benefited from listening to guest speaker, **Lt. Justin Holloway**, who visited from **Pompano Beach Ocean Rescue**. Lieutenant Holloway spoke about the employment opportunity of part-time EMT lifeguard with ocean rescue. Lt. Holloway discussed the job requirements and qualifications of this position. He informed the students that gaining employment as an EMT lifeguard is a great resume builder and an excellent way to step into a future Fire Rescue position as an EMT / Paramedic.



Lieutenant Holloway, of the Pompano Fire Rescue, speaks to students in the EMS program during a guest appearance to the City College Fort Lauderdale campus

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Student Spotlight

AT Program Students Achieve Success

Miami Campus



AT students Yulieser Oris, Paola Castano and Julio Proenza at Baptist Hospital



Julio Proenza, AT Student at Mount Sinai Medical Center with Anesthesia Personnel

Yulieser Oris and **Julio Proenza**, both professionals who immigrated to the United States from Cuba, are finding new professional satisfaction through the Anesthesia Technology program at City College, Miami. According to Yulieser Oris, a December 2017 graduate, "The Anesthesia Technology program has changed my life in a positive way; even though, I am a doctor with knowledge and skills as anesthesiologist, this program trains you to be part of a patient care team. With the completion of this program, I am ready to demonstrate professionalism and adherence to ethical and legal standards of the anesthesia technology profession, as well as resolve issues in the anesthesia environment and exhibit competency in the role of the anesthesia technologist in various healthcare settings." Mr. Oris is working as an Anesthesia Technician at **Mount Sinai Medical Center** in Miami.

Julio Proenza, who is anticipating graduation in March 2018 from the Anesthesia Technology program, practiced as a lawyer in Cuba. He says that "The AT program offered by City College has allowed me to train in a very competitive profession with high levels of scientific knowledge. Thanks to this program I am a better prepared professional".

In the Classroom



Reynaldo Perez-Reyes, a Business student, receives an award for passing the Enrolled Agent examination



Ryan Kuhlman, President of the BREIA, speaks to City College students



Students gather as the networking event begins and pizza is served

Entrepreneurship Club Hosts Networking Event

Fort Lauderdale Campus

On Thursday, January 18, 2018, the Entrepreneurship Club held a networking event with **Ryan Kuhlman** of **Broward Real Estate Investors Association (BREIA)** as the speaker.

Mr. Kuhlman discussed "How to be an Entrepreneur," emphasizing the need to be persistent and to never give up! Alumni and current student entrepreneurs networked and enjoyed pizza.

T.D.P. Entertainment (Tamaros Pierce) supplied the sound system.

Two Alumni, **Jean Deshommes** and **Ronaldy Demarais**, were

in attendance and showcased their products. **Eartha Carey** also showcased her company **S.K.N.**

Reynaldo Perez-Reyes, EA (Enrolled Agent), was presented with an award for successfully passing the Enrolled Agent Examination and for earning the highest credential the IRS awards. Thank you to Professor **Fernandez-Rubio** for donating the book for the raffle and a special thank you to all who helped make the event such a huge success!

Stop Smoking Workshop

Miami Campus

City College, Miami Campus welcomed **Marilyn Roman** from the **Area Health Education Center** whose job is to educate community members on the dangers of using tobacco based products. ADEC was created from the money that was received during the Tobacco lawsuits.

During the event, Roman shared the dangers of nicotine based products including cigarettes, cigars, chewing tobacco and the ever so popular hookah smoking. Ms. Roman explained that hookah smoking can deliver 100 times the nicotine than when smoking a cigarette. Additionally, she shared that it is reported that due to hookah equipment not being cleaned properly that incidents of transferrable diseases has increased dramatically. Marilyn went on to explain that tobacco companies are packaging tobacco based products to look like candy and placing them near the candy sections in stores and gas stations to help entice younger consumers to purchase their products.

Prior to giving the workshop, Roman put together a display table demonstrating a model of a tobacco filled lung along with a healthy lung so students can clearly identify the destruction that nicotine has on a normal human organ. She went on to say that there are hundreds of chemicals found in nicotine products that are very harmful to the human body. She stated that tobacco use



CEO Marilyn Roman of Miami-Dade Area Health Education Center (AHEC), Inc.

is the single greatest preventable disease and premature death in the United States. Nicotine is attributed to causing 440,000 deaths each year due to smoking alone. She went on to tell us that smokers on average die 13 years earlier than someone who doesn't smoke.

FACTS ABOUT SMOKING:

- 1 in 5 Americans use tobacco
- Cigarette smoking is responsible for 1 in 5 deaths
- Approximately 6,000 children and adolescents start smoking each day
- Smoking related illness costs the nation \$193 billion yearly
- Each Floridian that quits saves the state \$3,530 yearly