

## City College Drug and Alcohol Prevention Program 2018-19

### City College Policies Regarding Drugs and Alcohol

#### Alcohol-Drug Possession, Usage, and Distribution Policy

In response to the requirements of the "Drug Free Schools and Communities Act Amendments of 1989" (Public Law 101-226) the following is the policy of City College:

*No employee or student of this College shall have in his or her possession, use or distribute any alcoholic beverage or controlled substance (illicit drugs) on College property or in any College activity. Any infraction of this policy will be grounds for immediate dismissal.*

The **Student Conduct Policy** further clarifies and details the disciplinary procedures:

#### Illegal or Unauthorized Possession or Use of Alcohol, Controlled and/or Illegal Substances

- a. Being under the influence of alcohol, illegal or controlled substances on College property, or at any College sanctioned event, inclusive of externships and clinical sites.
- b. Use, sale, possession or distribution of alcohol, illegal or controlled substances on College property or at any College sanctioned event, inclusive of externships and clinical sites.

#### Violation of Federal or State Laws

Violation of federal, state or local laws and College rules and regulations on College property or at College-sanctioned or College sponsored events, inclusive of externships and clinical sites.

#### Disciplinary Procedures

Any City College staff or faculty member may file a complaint that a student is in violation of the student conduct policy.

- a. The complaint must be prepared in writing by completing the Disciplinary Notice Form.
- b. The complaint should include the nature of the infraction, the date, time, location. The names of students, faculty and/or staff or witnesses should be included.
- c. Complaints should be submitted in a timely manner and should account for no more than 48 hours after the alleged infraction, unless there are extenuating circumstances requiring more time which should be documented.

#### Disciplinary Sanctions

For cases of infractions of academic integrity, faculty members have two options.

*For the first infraction:*

- a. The student may either fail the assignment and lose the grade for that assignment without the possibility of replacing that grade; or

- b. The student may fail the course and be required to re-take the course.

The Director of Education must approve the decision of the instructor. A copy of the Disciplinary Notice form and any decision made will be placed in the student academic file.

*For a second infraction, the student is subject to either*

- a. Suspension from the College or
- b. Conduct dismissal from the College.

For a second infraction, the decision for suspension and/or dismissal will reside with the Director of Education, since faculty members may not be aware of a student's prior infraction. A copy of the Disciplinary Notice form and any decision made will be placed in the student academic file along with the letter to the student indicating that they have either been (a) suspended or (b) dismissed from school for violation of the Student Code of Conduct.

**Special Note:** *Egregious behavior on the part of a student can result in immediate dismissal from the College.*

For all other infractions, the final decision rests with the Executive Director

A student who is suspected of violating the Alcohol-Drug Possession, Usage and Distribution Policy may be required to submit to a 10-panel drug screen, mental or physical examination. The health care practitioner or physician selected must possess expertise in diagnosing the impairment and be approved by the City College Director of Education or Executive Director. The cost of the examination will be borne by the student. Failure to submit to such an examination may result in the student's dismissal from the program.

### **General State Laws**

Florida State Statutes 562.11

562.11 Selling, giving, or serving alcoholic beverages to person under age 21; providing a proper name; misrepresenting or misstating age or age of another to induce licensee to serve alcoholic beverages to person under 21; penalties.—

(1)(a)1. It is unlawful for any person to sell, give, serve, or permit to be served alcoholic beverages to a person under 21 years of age or to permit a person under 21 years of age to consume such beverages on the licensed premises. A person who violates this subparagraph commits a misdemeanor of the second degree, punishable as provided in s. 775.082 or s. 775.083. A person who violates this subparagraph a second or subsequent time within 1 year after a prior conviction commits a misdemeanor of the first degree, punishable as provided in s. 775.082 or s. 775.083.

Florida State Statutes 893.13:

893.3 Prohibited acts; penalties.--

(1)(a) Except as authorized by this chapter and chapter 499, it is unlawful for any person to sell, manufacture, or deliver, or possess with intent to sell, manufacture, or deliver, a controlled substance. Any person who violates this provision with respect to:

1. A controlled substance named or described in s. 893.03(1)(a), (1)(b), (1)(d), (2)(a), (2)(b), or (2)(c)4., commits a felony of the second degree, punishable as provided in s. 775.082, s. 775.083, or s. 775.084.
2. A controlled substance named or described in s. 893.03(1)(c), (2)(c)1., (2)(c)2., (2)(c)3., (2)(c)5., (2)(c)6., (2)(c)7., (2)(c)8., (2)(c)9., (3), or (4) commits a felony of the third degree, punishable as provided in s. 775.082, s. 775.083, or s. 775.084.
3. A controlled substance named or described in s. 893.03(5) commits a misdemeanor of the first degree, punishable as provided in s. 775.082 or s. 775.083.

### **Federal Laws and Penalties for Illegal Possession of a Controlled Substance**

#### 21 U.S.C.844 Penalty for Simple Possession:

##### (a) Unlawful acts; penalties

It shall be unlawful for any person knowingly or intentionally to possess a controlled substance unless such substance was obtained directly, or pursuant to a valid prescription or order, from a practitioner, while acting in the course of his professional practice, or except as otherwise authorized by this subchapter or subchapter II of this chapter. It shall be unlawful for any person knowingly or intentionally to possess any list I chemical obtained pursuant to or under authority of a registration issued to that person under section 823 of this title or section 958 of this title if that registration has been revoked or suspended, if that registration has expired, or if the registrant has ceased to do business in the manner contemplated by his registration. It shall be unlawful for any person to knowingly or intentionally purchase at retail during a 30 day period more than 9 grams of ephedrine base, pseudoephedrine base, or phenylpropanolamine base in a scheduled listed chemical product, except that, of such 9 grams, not more than 7.5 grams may be imported by means of shipping through any private or commercial carrier or the Postal Service. Any person who violates this subsection may be sentenced to a term of imprisonment of not more than 1 year, and shall be fined a minimum of \$1,000, or both, except that if he commits such offense after a prior conviction under this subchapter or subchapter II of this chapter, or a prior conviction for any drug, narcotic, or chemical offense chargeable under the law of any State, has become final, he shall be sentenced to a term of imprisonment for not less than 15 days but not more than 2 years, and shall be fined a minimum of \$2,500, except, further, that if he commits such offense after two or more prior convictions under this subchapter or subchapter II of this chapter, or two or more prior convictions for any drug, narcotic, or chemical offense chargeable under the law of any State, or a combination of two or more such offenses have become final, he shall be sentenced to a term of imprisonment for not less than 90 days but not more than 3 years, and shall be fined a minimum of \$5,000. Notwithstanding the preceding sentence, a person convicted under this subsection for the possession of a mixture or substance which contains cocaine base shall be imprisoned not

less than 5 years and not more than 20 years, and fined a minimum of \$1,000, if the conviction is a first conviction under this subsection and the amount of the mixture or substance exceeds 5 grams, if the conviction is after a prior conviction for the possession of such a mixture or substance under this subsection becomes final and the amount of the mixture or substance exceeds 3 grams, or if the conviction is after 2 or more prior convictions for the possession of such a mixture or substance under this subsection become final and the amount of the mixture or substance exceeds 1 gram. Notwithstanding any penalty provided in this subsection, any person convicted under this subsection for the possession of flunitrazepam shall be imprisoned for not more than 3 years, shall be fined as otherwise provided in this section, or both. The imposition or execution of a minimum sentence required to be imposed under this subsection shall not be suspended or deferred. Further, upon conviction, a person who violates this subsection shall be fined the reasonable costs of the investigation and prosecution of the offense, including the costs of prosecution of an offense as defined in sections 1918 and 1920 of title 28, except that this sentence shall not apply and a fine under this section need not be imposed if the court determines under the provision of title 18 that the defendant lacks the ability to pay.

### **Drug Convictions and Student Financial Aid**

The Higher Education Act of 1965 as amended (HEA) suspends aid eligibility for students who have been convicted under federal or state law of the sale or possession of drugs, if the offense occurred during a period of enrollment for which the student was receiving federal student aid (grants, loans, and/or work-study).(<http://studentaid.ed.gov>)

### **Drug and Alcohol Education and Awareness**

Part of drug and alcohol abuse prevention is being aware of how drugs affect our health. City College recommends students become informed. The College has materials published by the National Institute on Drug Abuse and other organizations. Brochures are available in the Career Assistance and Development Office.

### ***Health Risks Associated with the Use of Alcohol***

- Lowered inhibitions
- Loss of coordination
- Impaired memory
- Fetal damage (in pregnant women)
- Depression
- Fatal overdose

Risks associated with long-term alcohol abuse

- Pancreatitis
- Liver damage
- Damage to cardiovascular and nervous systems
- Birth defects

## ***Health Risks Associated with the Use of Drugs***

### Dissociative Drugs (Ketamine, PCP, Salvia divinorum, DXM)

- Impaired motor function
- Tremors
- Numbness
- Memory loss
- Nausea

### Inhalants (Aerosols, Lighter Fluid, Paint Thinner)

- Loss of inhibition
- Headache
- Nausea or vomiting
- Slurred speech
- Loss of motor coordination
- Damage to cardiovascular and nervous systems
- Sudden death

### Club Drugs (MDMA, Flunitrazepam, GHB)

- Lowered inhibition
- Chills
- Sweating
- Depression
- Hyperthermia
- Impaired coordination
- Seizures
- Coma

### Hallucinogens (LSD, PCP, DMT, STP, Mescaline)

- Altered states of perception and feeling
- Hallucinations
- Nausea

### Cannabinoids-Marijuana and Hashish

- Slowed reaction time
- Distorted sensory perception
- Impaired balance and coordination
- Impaired learning
- Frequent respiratory infections

### Stimulants (Cocaine, Amphetamine, Methamphetamine)

- Increased heart rate
- Increased blood pressure

- Reduced appetite
- Irritability
- Tremors
- Cardiac or cardiovascular complications
- Stroke
- Seizures
- Severe dental problems
- Nasal damage (snorting cocaine)

#### Opioids (Heroin, Opium)

- Drowsiness
- Impaired coordination
- Dizziness
- Nausea
- Endocarditis
- Hepatitis
- HIV
- Fatal overdose

In addition, the following is a list of some good web resources to educate you on the affects of drugs and alcohol:

<http://www.nida.nih.gov/infofacts/infofactsindex.html> - InfoFacts have been developed by the National Institute on Drug Abuse (NIDA), National Institutes of Health, Department of Health and Human Services. NIDA supports most of the world's research on the health aspects of drug abuse and addiction. NIDA InfoFacts are updated regularly.

<http://pubs.niaaa.nih.gov/publications/aa63/aa63.htm> - National Institute on Alcohol Abuse and Alcoholism – Alcohol Alert Publication Number 63.

<http://www.drugfree.org/drug-guide> - The Drug Guide at The Partnership at Drugfree.org is a comprehensive and up-to-date source of drug information, including drug descriptions, slang terms, short term- and long term- effects, images, federal classifications and more.

### **Counseling Services for Students and Employees**

City College employees may call Worklife Matters (a division of Integrated Behavioral Health) at 888-267-8126 for information on the assistance programs available to them.

Students who seek or are advised to pursue counseling are referred to a local facility that can offer them the assistance they need. The following are the current services that each campus refers students to for counseling. Please check with the campus Executive Director to ensure you have the current list as these are subject to change.

Altamonte Springs campus: The Center for Drug-Free Living located at 712 W. Gore St., Orlando FL (407) 245-0012. The purpose of the facility, as stated on their website, is “*The*

*Center provides a full continuum of innovative, high quality treatment, prevention, and juvenile justice services with the goal of promoting responsible choices and healthy living”.*

The Fort Lauderdale and Hollywood campus’: The Starting Place located in Hollywood, FL (954) 925-2225. The Starting Place website states that *“The purpose of The Starting Place is to provide education, rehabilitation and referral to those individuals and families whose lives have been adversely affected by behavior problems frequently as a result of substance abuse”.* The College also has information on the House of Hope and Stepping Stones, which is dedicated to recovery from alcohol and drug dependency.

The Gainesville campus: The Sid Martin Bridge House at 800-330-5615. The purpose of the facility, as stated on their website, is *“The program provides a structured, drug-free environment in which individuals learn about the disease of addiction, engage in supportive counseling, receive tools for maintaining mental and physical wellness and become involved in community support groups that promote positive, drug-free behavior”.*

The Miami Campus: The Fellowship House located at 5711 S. Dixie Hwy, South Miami, FL 33143. The purpose of the facility, as stated on their website, is *“Fellowship House is widely recognized as a model for psychosocial rehabilitation. It has exceeded mandatory compliance and has been recognized for its strengths and exemplary conformance to standards by the Rehabilitation Accreditation Commission. It is currently accredited in Behavioral Health for Psychosocial Rehabilitation programs in the areas of Case Management, Community-Based Rehabilitation, Community Housing, Outpatient Treatment, Day Treatment and Community Employment services”.*

Students and College employees may also call (850) 487-1111 or access on the web, <http://www.dcf.state.fl.us/programs/samh/substanceabuse/>, the Florida Department of Children and Families for the local substance abuse and mental health counseling services available to them.

### **Assessment of Program Effectiveness**

City College reviews all documented infractions of the student conduct policy, under which the Alcohol-Drug Possession, Usage, and Distribution Policy fall, biennially, Summer and Winter quarters. The assessment includes reviewing the incident(s) and the outcome(s) to insure that City College policy was followed and to evaluate the effectiveness and implement changes to the program if needed.